

THE LOST SECRETS OF RENAISSANCE MEDICINE III

Herbs, Medical Astrology, Alchemy ©™ 2015, J. Hill

APRIL 30TH, & MAY 1ST, 2016

Doors open at 8:45 am Saturday

Multnomah Friends Meeting House, 4312 SE Stark Street, 97215

(see "Parking", below)



PROGRAM

9:30am *Introduction*

9:45am-11:15am Sajah Popham

"7 Plants, 7 Planets: Alchemical Principles in Herbalism"

Note: the remedies discussed and content will be unique from previous Portland talks related to this topic- it's different every time!

"The 7 Planets represent archetypal patterns in nature which reflect throughout all of life, but as herbalists it's important to understand their relationships to people and plants. This doctrine of plant-planet affinity is central to the both the Renaissance medical paradigm and the western alchemical tradition. In this class, we will explore the 7 Planetary archetypes through 7 different herbal remedies, illustrating their signatures, correspondences, actions, organ affinities, medicinal virtues, as well as some of their psycho-spiritual properties. Through linking astrology and herbalism we achieve the ancient alchemical axiom of "*as above, so below*," and thus form a system of medicine that equally acts upon the healing of the body and rejuvenation and evolution of the soul."

11:30am-1:00pm Matthew Wood, MSc.

The Structural System: Saturn and the Moon.

Like a continent rising up out of the ocean, the structural system – cartilage, tendons, bones, integument – rose up out of the internal sea of extracellular fluids and matrix. The interplay of primordial water and solidifying, hardening structure started with the fibers around the cells, evolved the refined instruments of our hearing/inner ear. This class will discuss the primordial, essential origins of the structural system and the remedies that are necessary to heal the system.

Lunch 1:00pm-2:00pm (see nearby food recommendations. *Program starts sharp.*)

2:pm-3:15pm Judith Hill

Herbs and Foods for the 12 Zodiacal Types

The “natives” of each season share and express the unique vital force of their sign and also their special ten day period, known as a “decanate”. Additionally, each sign “governs” specific bodily regions. At first breath the Sun is held to impart its specific vibration (at that day and time) to the quality of vital force we natively possess. Scientific studies exist to support the doctrine of sign type, as does empiric observation. *Learn the herbs most harmonious or needful for each zodiac type.* Also, hear fascinating and humorous descriptions of the astrological body types, traits and habits. *See Disclaimer*

3:30pm-4:30pm Scott Kloos

Re-embracing Wildness: How the Repression of Nature Spirits has Affected the Psychic Health of our Culture

While refining the rational aspects of the human psyche, western civilization has turned away from the wild frontiers of the heart, body, and mind. Acutely symbolized by the way we have turned our backs on the spirits of nature, this split has led to the loss of essential parts of our cultural and individual vitality. Are being wild and being civilized mutually exclusive experiences? If not, what have we lost in separating the two, and what can we gain by bringing rationality and wildness together? We will call upon the plant spirits to help illuminate these questions.

4:45pm-5:45pm Sajah Popham

The Importance of Mineral Salts in Plants and Their Extraction

Modern day plant extraction techniques tend to focus on the “active constituents” in plants and in the process neglect the synergistic actions of secondary compounds and most importantly, the mineral content within medicinal herbs. In the alchemical tradition of the west, these all important minerals are called the “salt” of the plant, and form an essential aspect of the spagyric preparations. In this class, you will learn about the importance of mineral salts in plants, the philosophical and practical importance for their inclusion in our herbal extracts, and some practical tips on how you can start integrating them in your home medicine making.

5:45am-7:15pm **Dinner** *program starts sharp at 7:15pm*

7:15pm-7:35pm (20 min) Dina Hartzell

Healing Traditions in Northern European Story

Some Norse and Celtic myths and fairy tales retain traces of ancient Norse and Druidic healing traditions, including the healing power of precise sound, chant and song. Cultural Mythologist, Dina Hartzell will read and discuss one of these tales.

Focus: Scandinavian song healing.

Saturday Program, continued

7:40pm - 8:35pm Judith Hill

Traditional Herbal and Gem Antidotes for the “Baleful Rays” of Saturn

Renaissance Physicians recognized the cold, slowing conjunctions of Saturn could be offset by warming the afflicted natal planet with herbs or gems. This was thought to prevent atrophy, tension and deficiency of the gland and body part ruled by the afflicted planet, (e.g. Venus, the ovaries.)

Likewise, the hot, stimulating transits of Mars could be cooled down ahead of their peak, offsetting inflammation. Doctors could target the onset, peak and departure of the “baleful rays”; discern the severity and duration of illness; and act preemptively. Ayurvedic physicians also used herbs and gems for this purpose, creating “Upaye”, a sophisticated system of gem antidotes for planetary weaknesses. Saturn and Mars are the easiest vibrational opposites to understand, thus providing us with fine examples of this ancient art. Talk focuses on Saturn, and only if time allows, Mars. *See Disclaimer.*

SUNDAY, MAY 1ST (return to Multnomah Friend’s Center)

11am-1:15pm Sunday (Weather Permitting.) Matthew Wood, MSc. and Scott Kloos.

Herb Walk: See program guide for nearby meeting location at Mt. Tabor.

Herb walk will be cancelled if there is rain or heavy drizzle.

Lunch

1:15pm-2:30pm



3:00pm-4:30pm: Matthew Wood, MSc.

Shedding Light on the Endocrine System.

The endocrine cascade – hypothalamus, pituitary, thyroid, adrenals, gonads – is one of the most difficult systems to understand and treat. This class will give an introduction to each major gland and suitable remedies. We will discuss adaptogens for the hypothalamus/pituitary/ adrenal axis, hyper and hypothyroid and its remedies, adrenal exhaustion and treatment, and agents acting on hormonal regulation of reproduction. The following class will enter into the astrology of the endocrine or hormonal system.

Sunday program continues next page

SUNDAY, May 1st - *continued*

4:45pm-6:00pm Judith Hill

The Astrology of Endocrine Imbalance (*this talk is herbalist friendly!*)

Endocrine imbalances show themselves, often flagrantly, in the natal chart. Traditionally, each planet is assigned an endocrine gland and observed to influence its function.

Because Renaissance physicians included astrological causation as one of six disease etiologies, it is fascinating to witness current planetary transits coinciding with glandular imbalances. We will learn the planetary-gland assignments and examine some signatures typical of hyper thyroid and hypothyroid, adrenal disorders, pituitary growth hormone extremes, and sex hormone Imbalances.

Dinner 6:00pm- 7:30pm *Restaurant suggestions are included in your program guide.*

7:30pm-8:45pm Scott Kloss

Communing with Plant Teachers: Wisdom from our Allies in the Wild

Offering their support to humanity, representatives of the plant kingdom, each an embodiment of deep spiritual and practical wisdom, are calling out for our attention. Gain a deeper understanding of the nature of plant--human relationships as we discuss and experience practical steps for developing and strengthening relationships with these wild, Pacific Northwest native plant allies.

CLOSING



JUST IN CASE...ALTERNATIVE SPEAKERS: In the unlikely situation of a speaker being unable to speak, our remaining three main teachers will fill in with stimulating talks.

Main speakers: Matthew Wood, Judith Hill, Scott Kloos, Sajah Popham.

POST CONFERENCE WORKSHOPS: MAY 3 &4
with Matthew Wood MSc. and Judith Hill

WORKSHOPS WITH MATTHEW WOOD AND JUDITH HILL

Fee: \$70 single day/ \$120 both days

TUESDAY, MAY 3RD: 11am-5pm *Multnomah Friends Center*

Pulse and Tongue Evaluation with Chart Comparisons.

Matthew Wood, MSc. with commentary by Judith Hill.

Last year's event was so wonderful that we have decided to do it again!

Bring your birth chart, your tongue and your pulse, and a small mirror.

This is a rare event with limited seating.

See Disclaimer at program bottom



WEDNESDAY, MAY 4th: 11am-5pm *Multnomah Friends Center*

Medical Astrology Workshop: Bring Your Chart!

Judith Hill, with commentary by Matthew Wood, MSc.

We will examine the position of Saturn and Mars in the natal chart and also their transits over natal planets in the same natal chart. We may also discuss the Nodes. Herbal strategies will be discussed. Because Mars and Saturn are energetically opposite, these planets provide the best possible method of understanding ancient medical energetic models current from the Greek through the Renaissance eras. For historic example, we will take as many charts from the audience as time permits. *A basic level of astrological knowledge helpful (know your signs and be comfortable viewing a birth chart).* This is a rare event with limited seating.

See Disclaimer at program bottom



PARKING FOR CONFERENCE ATTENDEES: City Ordinance stipulates that our conference attendees must either use the rented parking at the prepaid (free for attendees) **Mazamas parking lot 527 SE 43rd Avenue, Portland, OR 97215;** or park several blocks from The Multnomah Friends Center venue and walk. Bicycles and Public transit are encouraged.

PARKING FOR WORKSHOP ATTENDEES: The Mazamas Lot (above) will not be open for your use for the Tuesday, May 3rd and Wednesday, May 4th events.

VENUE RULES and ETIQUETTE

FOOD, SMOKE, DRINK, ANIMALS:

No food or drink is permitted upstairs at The Multnomah Friend's Meeting House. No animals in the conference venue, or outside barking. No smoking anything on site or in garden. No alcohol. (Ample lunch and dinner breaks are included for any purpose you wish).

CELL PHONES AND COMPUTER ETIQUETTE

Cell phones off during talks. Please make calls in the large downstairs area. In the interest of maintaining the sacred atmosphere of both the venue and the event, we request you prevent phones from ringing, and discourage computers open and *clicking from typing* (especially in front row or near recording equipment). There will be ample breaks between each speaker and for lunch and dinner to check phones.

BABIES: We may be recording this event, and also must be concerned with the comfort and concentration of all paid attendees. We appreciate your observance of normal quiet during talks or immediately outside speaking room.

Babies and children (other than our speaker's) are not permitted in the speaking space during the talks.

PHOTOGRAPHS: Please take no photos or movies of a speaker without permission of the speaker.



The Lost Secrets of Renaissance Medicine

Mission Statement:

- 1) To revisit and examine the medical paradigms and treatment techniques of ancient, Medieval and Renaissance Europe.
- 2) To discover the ideological "babies" of medicine tossed out with the bath water with the 18th century's wholesale changeover to our current western biochemical model of medicine.
- 3) To compare indigenous and traditional European medical paradigms with those of Native America, India and China.
- 4) To reconsider the validity of three traditional etiologies no longer acceptable to modern western medicine: supernatural, astrological and karmic.
- 5) To examine the evolution of Homo-centrism and its impact on modern western medical ideologies and treatment; environmental concepts and animal welfare.

Disclaimers: The producer and speakers of this conference are not encouraging attendees of this conference to practice ancient medical techniques, or to engage in unauthorized medicine. We are not responsible for misuse of this information outside of its intended use, i.e. historic interest, academic research and wonderment.

Producer and teachers are not responsible for lost or stolen items, unforeseen incidences or accidents occurring at the conference or within the conference site, or the behavior of individual attendees. However, we will do our best to maintain a harmonious and orderly event. Please attend to your valuables and observe the basic rules outlined and posted by the rented venue and stated at conference opening.

Music: John Renbourne's *The Unicorn and the Lady*.

Produced by Stellium Productions

Contact: at www.stelliumpress@aol.com

Facebook: Will be announced before Spring.



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