THE LOST SECRETS OF RENAISSANCE MEDICINE
Herbs, Medical Astrology, Alchemy © ™ 2015, J.Hill

PROGRAM

SATURDAY, MAY 9, 2015    Doors open at 10:30am
Multnomah Friends Meeting House, 4312 SE Stark Street, 97215
(park at Mazamas parking lot around corner at 427 SE 43rd, free to attendees (see notes below).

PROGRAM BEGINS SHARP

11:15-12:45pm Matthew Wood, MSc (Herbal Medicine); Registered Herbalist (AHG)
BLA.corAVE’S SOLAR HERBS: WARMING REMEDIES FOR PORTLAND’S CLIMATE AND LUNAR HERBS FOR CONTRAST.
Dr. Joseph Blagrave (1686), one of our herbal astrologer heros, always began his course of treatment with three solar herbs (Rosemary, Calendula, Angelica, St. John’s Wort). This is perfect for England’s damp climate and it is also perfect for Portland and Seattle. Here in the Northwest there is a need for the rich, warming, spicy, pungent herbs that, in other places would be too warming. Here they can be tonics.

This list is also neatly in accord with the approach to warming and drying that is used in Chinese herbalism: use those warm, spicy herbs. It is also akin to the Ayurvedic ideas about making milk drinkable: warm it and spice it with chai spices. These herbs are not sharply hot, but gently warming like the beat of sunbeams on sidewalks.

In this class we will discuss Rosemary, Calendula, Angelica, St. John’s wort, Cinnamon, Coriander, Fenugreek, Clove, Thyme, and other warming herbs. To make the contrast stronger we will discuss some of the great lunar herbs, which are cooling and moistening: Comfrey, Slippery Elm, and Marshmallow root.

12:45-1:35pm Lunch
Program will continue sharp at 1:45pm
1:45-3pm Judith Hill
HOW TO MAKE SUPER HERBS WITH TRADITIONAL PLANETARY TIMING

Ancient physicians knew that time was imbued with inherent quality, (not just quantity!) Renaissance Physicians were expert astrologer-herbalists, adept at using planetary timing for all medical purposes. After passing their astrological exams (requisite for period medical licenses), they harvested and decocted herbs at precise planetary times, creating “super medicines”. Judith demonstrates easy period time attunement methods known to enhance the effectiveness of all herbal categories. She will also elucidate upon the peculiar uses of eclipse water amongst the Southern Slavs.

3:15-4:30pm: Sajah Popham
ASTRO-HERBALISM: REBUILDING THE BRIDGE BETWEEN PLANTS AND PLANETS

The ancients saw plants and planets as being intricately interwoven, a pattern that holds deep secrets in regards to the power of herbs and how to harness that transformational potency of the stars into our medicines. We will explore "star signatures" within people and plants, and how the astrological pattern can be used to enhance our practice of herbalism for physical rejuvenation, longevity, and spiritual evolution.

4:40-6pm: Scott Kloos
ELEMENTAL ALCHEMY AND THE PSYCHO SPIRITUAL PLANT MEDICINE

Each plant is a living embodiment of great spiritual teachings and wisdom. With this in mind we will look to our native Plant Teachers for illumination on the initiatory path of spiritual and psychological transformation described by the elemental processes of Alchemy’s Opus Magnum.

SUNDAY, MAY 10TH.

Day and evening venues change, check timing and venue addresses carefully. Tabor Space and The Multnomah Friend’s Meeting House are in very close proximity, in same SE neighborhood.

10am-Noon: Herb Walks if weather permits. These are “free” and considered as events outside the auspices of this paid conference. (However, due to crowd discouragement, we ask that you not invite friends whom are not attending the conference). Likely topics: Linden, Hawthorne, Bay Laurel, Cherry, Burdock. Teachers will share details and meeting sites on Saturday. Strictly no alcohol (park rules). The conference producer and teachers accept no responsibility for losses or accidents occurring on voluntary herb walks.
1-2:30pm: OPENING VENUE:  
**Tabor Space 5541 SE SE Belmont St, 97215:**  
**Room:** “The Commons”. Program starts sharp. Please show your entry ticket.  
*Extra tickets for the day or this individual talk are available at door if there is space.*  
*SE Belmont Street is the next large artery south of Stark Street, approximately 6 blocks. Then, go uphill (east). Tabor Space is on left on Belmont at 55th Avenue in large grey stone church building.*

1-2:30pm: Matthew Wood MSc (Herbal Medicine);  
Registered Herbalist (AHG)  
**THE GREAT FEMALE MEDICINES: WHAT WAS MISSING FROM RENAISSANCE HERBALISM**

It takes imagination to be an herbalist. The Renaissance astrological doctors and herbalists were full of great ideas but one thing they didn’t think about was herbs that were specially suited to the menstrual cycle. It is said that Christianity taught that Eve had to bear children in pain and they may have set the culture on the wrong footing with regard to its female citizens. The American Indians, on the other hand, fully imagined that childbearing and the menstrual cycle could be completely free of pain. Furthermore, unlike the Europeans, Chinese, or Ayurvedic physicians they imagined a whole dozen or so remedies that were specific to women, and even to particular points in the cycle or problems of fertility and pregnancy. This is something I have seen proven in the clinic hundreds of times. Even today, from pharmaceutical companies down to holistic practice there is a lack of imagination about how readily herbs can act on these sorts of problems.

Another lack of imagination revolves around “hormones.” The nineteenth century pioneer physicians, who learned so much from the Indian people, did not know anything about hormones. Instead, they saw that by relaxing, toning, strengthening, nourishing, cooling, or warming the uterus they could accomplish great works. But hormones also have their place. Today we recognize that the great herbs like Vitex and Pulsatilla regulate the pituitary and the cycle. So, we will begin with Black Cohosh, Blue Cohosh, Trillium, Cramp Bark, Black Haw, Wild Yam, Raspberry Leaf, True and False Unicorn Root, etc. that come down to us as Native American heritage gifts. Nor will we forget the few great Old World contributions to this art – Lady’s Mantle, Sage, Rehmannia Root, Shatavari, Peony Root, Angelica. I will also discuss a few great fertility and pregnancy medicines: Wild Lettuce, Easter or Madonna Lily, Lady’s Thumb, Agrimony, and Pulsatilla.

3:15-9pm: **RETURN TO: Multnomah Friends Meeting House 4312 SE Stark Street, 97215 (same as Saturday venue).** Please use the free-to-attendees Mazamas Parking Lot on 427 SE 43rd.
3:00-4:15pm: Judith Hill with special guest Andrea L. Gehrz
FERTILITY, POTENCY and CONCEPTION: THE ANCIENT METHOD
Male potency, female fertility and pregnancy were long observed to peak in certain seasons, moon phases, moon signs, and also when specific geometric angles occur between the Moon, Mars, Venus and Jupiter. Conversely, infertility is indicated in both the birth chart and in current planetary configurations. Learn easy fertility enhancement techniques used by Renaissance physicians and their predecessors at the 1960s Jonas clinic, Czechoslovakia. Guest, award winning author Andy Gehrz will also hopefully join us to briefly read from her recent translation of ancient author Vettius Valens (approx 175 AD) on ensoulment of the newborn.

4:30-5:45pm Scott Kloos: Upstairs, Friends Center
JUNIPER AND THE CHRISTIC INITIATORY IMPULSE:
RECLAIMING OUR CULTURAL HERITAGE
Juniper, as the living embodiment of the Christ energy, shows us avenues of awakening via acceptance of and alignment with the Divine Will and surrender to the Universal Light. We will call upon Juniper to illuminate our study of the initiatory and healing power of the Christ as portrayed by the Gnostics, Renaissance Christianity, and Rudolf Steiner.

4:30-5:45pm Sajah Popham: Downstairs, Friends Center
ALCHEMICAL THEORY OF HEATH AND DISEASE
The alchemical theory of disease is a unique in its perspectives drastically different from the modern medical paradigm. Disease is not seen simply as molecular lesions or invading pathogens, but as a weaving of physical, karmic, astral and constitutional factors. In this class we will explore the 5 Entias as a foundational pattern for the etiology of illness, as well as a discussion on Paracelsus' semilla, or seed, theory.

DINNER: 5:45-7:pm There are many restaurant options in the neighborhood. See suggestions in back of program. Program starts sharp.

7:15-8:15pm: Judith Hill: Friends Center, upstairs:
THE DRAGON’S HEAD AND TAIL IN MEDICAL ASTROLOGY FOR EVERYONE
Ancient Greek, Indian, Arabic, Medieval, and Renaissance physicians respected two potent points of the Moon’s monthly cycle known as “The Dragon’s Head” and “Dragon’s Tail”. Eclipses always occur when both Lights line up near these points. Astrologer-physicians noted their current zodiac sign of passage, as well as their placement in the birth chart for very good reasons. Solar and Lunar magnetic forces enter and exit the astral body at these two points, with potential medical ramifications. Its easy and learn the current sign of the Celestial Dragon and its traditional medical impact. Graph provided.
8:20-8:40pm: Judith Hill
RENAISSANCE THEORY OF MENTAL ILLNESS
A short discussion by Judith on the Renaissance etiology of mental illness in comparison to our modern western paradigm.

8:40-9pm: Questions with speakers in house, closing ceremonies.

PARKING: City Ordinance stipulates that our conference attendees must either use the rented parking at the prepaid (free for attendees) Mazamas parking lot 527 SE 43rd Avenue, Portland, OR 97215; or park several blocks from The Multnomah Friends Center venue and walk. Bicycles and Public transit are encouraged.

“Nos”: No food or drink upstairs at The Multnomah Friend’s Meeting House. No animals in either conference venue. No smoking. Cell phones off during talks.

Mission Statement:
1) To revisit and examine the medical paradigms and treatment techniques of ancient, Medieval and Renaissance Europe.
2) To discover the ideological "babies" of medicine tossed out with the bath water with the 18th century’s wholesale changeover to our current western biochemical model of medicine.
3) To compare indigenous and traditional European medical paradigms with those of Native America, India and China.
4) To reconsider the validity of three traditional etiologies no longer acceptable to modern western medicine: supernatural, astralic and karmic.
5) To examine the evolution of Homo-centrism and its impact on modern western medical ideologies and treatment; environmental concepts and animal welfare.

Disclaimers: The producer and speakers of this conference are not encouraging attendees of this conference to practice ancient medical techniques, or to engage in unauthorized medicine. We are not responsible for misuse of this information outside of its intended use, i.e. historic interest, academic research and wonderment.

Producer and teachers are not responsible for lost or stolen items, unforeseen incidences or accidents occurring at the conference or within the conference site, or the behavior of individual attendees. We are obligated to maintain a harmonious and orderly event. Please attend to your valuables and observe the basic rules outlined by the rented venue and stated at conference opening, and above under “Nos”.
Music: John Renbourne’s *The Unicorn and the Lady*.
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