

# LOST SECRETS OF RENAISSANCE MEDICINE° IV

*HERBS, MEDICAL ASTROLOGY, ALCHEMY*

Portland, Oregon



## **SATURDAY, AUGUST 12TH:**

**9:50 A.M.** *Welcome and Orientation.*  
(Conference opens sharp.)

**10: A.M. - 11:30 A.M.** Guest Speaker, *Kira Sutherland, BHSc.*

### **MUSCULAR PERFORMANCE, SATURN, MARS & HERBS**

Staying fit and healthy is of utmost important to optimum health. How can herbal medicine be a part of this picture in supporting the active body and what does astrology have to do with this? Explore how the planets Mars and Saturn can impact your energy levels, cause ailments and injuries and how herbal medicine can counter balance these transits.

**11:45 A.M. - 1 P.M.** *Judith Hill*

### **GREAT SOLAR REMEDIES FOR REPLENISHING THE VITAL FORCE**

The Sun is intimately linked from birth to our 'Vital Force'. Science now suggests that we are "made of light", or photons, the Sun's particles. Using your personal birth date, you have approx. twelve dates yearly that naturally feed your Vital Force. In reverse, there are at least twelve dates where your Vital Force is weakened or obstructed. Judith reveals several approaches to Vital Force replenishment. Those who refresh their chi on specific dates potentially enhance their health and longevity. This knowledge is essential to all healers and surgeons. Learn the essential dates, Renaissance remedies and useful tips. Judith will also introduce a new method for replenishing specific zodiacal frequencies.

**1 P.M. - 2 P.M.** *Lunch*

*Instruction in the use of an astrological ephermeris with Clay Cruce from 1:20-1:50p.m.*

**2 P.M. - 3:30 P.M.** *Marcus Romano*

### **ASTROLOGICAL-HERBAL APPROACH TO ANOREXIA**

Over the past 50 years, eating disorders have become commonplace to all genders, as our cultural ideal of bodily perfection consistently favors thinner over fleshier forms. With no known causes and multiple treatment theories, anorexia remains an enigma for both the medical and psychological fields. Astrology can help solve the riddle! Marcus explores the planetary patterns that suggest anorexia in women's charts including configurations supporting "unscientific" causes including spirit influence and past life body memory confusion. Marcus will discuss useful herbs and other methods to help remediate the physical and psychological expressions of this persistent disorder.

**Saturday, (continued) 3:45 P.M. - 5:15 P.M. Sajah Popham**

**SILVERY LEAVES: A LUNAR MATERIA MEDICA**

From anti-spasmodics and nervines, to demulcents and dreaming plants, our lunar materia medica is a critical category of herbal remedies to understand in our excessively stressed, outgoing and yin deficient culture. In this class, you will learn specific signatures, herbal actions, tastes, energetics and organ affinities of plants ruled by the Moon, along with in-depth discussions of Sajah's favorite lunar plants. Learn how to incorporate some of these important remedies to balance your constitution and strengthen the lunar aspect of the astral body. You will also learn about how the Moon can be used for the timing of your harvesting and extraction of plants based on the western alchemical tradition. You'll get an opportunity to experience the effects of spagyrically prepared lunar plants by sampling some of the herbs discussed.

**5:15 P.M.-6:45 P.M. Dinner**

**6:45 P.M. - 8:15 P.M. Judith Hill, Marcus Romano**

**COSMIC RAY THERAPY: Solar, Lunar, and Planetary Tinctures and Gems**

Based on paradigms concurrent through the Renaissance, the Jyotish of India evolved a system of gem remedials for planetary deficiencies, based upon their cosmic color rays. Indian scientists A.K. Bhattacharya PH.D. and others further evolved this tradition into gem tinctures, fans and other ingenious therapies. The ancient West parallels with specific healing dewes, Moon sign and Planet waters. Time in a bottle!



**SUNDAY, AUGUST 13TH**

**11:30 A.M.-1P.M. Teacher(s) to be announced**

**HERB WALK GROUP SHARE** Linden, Hawthorne and Bay Laurel.

Bring your own stories and experiences! See Brochure for Directions.

**1-2:30 P.M. Lunch**

**2:30 P.M.-3 P.M. Judith Hill**

Elves and 'The Doctrine of Nines' in Medieval Medicine.

**3:10 P.M.- 4:40 P.M. Kira Sutherland, BHSc.**

**HERBAL ADAPTAGENS, STRESS AND THE "RISING SIGN" (first house).**

Modern life is physically and mentally stressful. How can we support our bodies in times of greater need? Kira will introduce adaptogen herbs and how they can be used to support the body in times of increased demand. Using modern medical astrology, the Rising Sign (aka "Ascendant"), and first house, Kira creates a simple blueprint for supporting one's health using adaptogen principles.



**Sunday, (continued) 4:45 P.M. - 6: P.M. Sajah Popham**

**CELESTIAL HARVESTING: ASTROLOGICAL TIMING MECHANISMS IN ALCHEMY**

Central to the practice of preparing true alchemical medicines is the observation of the spirit and energetics of time through the lens of astrology, a practice dating back to ancient Egypt. By choosing the correct time to harvest and prepare herbal medicines you not only harvest the plants, but the planetary forces that influence and operate through them. In this class you will learn a few different systems for calculating when the best time is to work with your plants so that the medicine is “prepared in the stars and the stars become the medicine.” (Paracelsus) This enhances the physiological, psychological and spiritual potency of your medicines, driving them deeper into the organ systems, having a more powerful influence upon our psychology and emotions, and instilling the unique teachings of the plants and planets to assist in our spiritual evolution.

**6 P.M. - 7:30 P.M. Dinner**



**Sunday, 7:30 P.M. - 8:30 P.M. Judith Hill**

**RENAISSANCE APPROACH TO DEPRESSION**

Renaissance Physicians stated that “melancholy” was produced by excessive internal cold combined with a dominant Saturn. Judith’s astrological research of chronic depression supports this tradition while contributing new findings to share. Study the horoscope of the famous meloncholic Abraham Lincoln and others. Learn easy energetic “signatures” of chronic depression and traditional herbal (and other) remedies. Understand a broader spectrum of depression etiology, inclusive of supernatural causes and the “light deficient” birth chart!

**8:30 P.M.-9 P.M. Live Acoustic Early Music with surprise performers!**

*Concluding Salutations* .....

**MONDAY, AUGUST 14TH**

**WORKSHOP WITH KIRA SUTHERLAND, BHSC.**

**12 P.M. - 5:30 P.M.**

NATURE’S 7 HEALERS AND THE

ZODIAC (purchase your ticket on site or at conference)



In Naturopathy there is a system of healing referred to as ‘Nature’s 7 Doctors’ they are the seven principles to live by to create health, well being and balance in our lives. By combining these 7 principles and the 7 “traditional” planets Kira will take you on a journey through your natal chart, understanding the symbolism and health impact each of these planets can have on our health and how we can use them to create more balance and wellness in our lives. Come enjoy a new application of medical astrology with a modern twist.

## MISSION STATEMENT

1. To reconsider the ancient medical methods and techniques that were discarded and reviled with the 18th century's wholesale changeover to our current western biochemical model of medicine.
2. To revisit and examine the medical paradigms of ancient, Medieval and Renaissance Europe.
3. To compare indigenous and traditional European medical paradigms with those of Native America, India and China.
4. To reconsider the validity of three traditional etiologies no longer acceptable to modern medicine: supernatural, 'astralic' (from astrological influence), and reincarnation based karma (East) or "Will of God" (West).
5. To examine the evolution of Homo-centrism and its impact on modern western medical ideologies and treatment, environmental concepts, animal and plant welfare.
6. To encourage communication, respect and affection for plants and animals.



## DISCLAIMERS

*The producer and speakers of this conference are not encouraging attendees of this conference to practice ancient medical techniques, or to engage in unauthorized medicine. We are not responsible for misuse of this information outside of its intended use, i.e., historic interest, academic research and wonderment. Producer, teachers and venue are not responsible for lost or stolen items, unforeseen incidences or accidents occurring at the conference or within the conference site, or the behavior of individual attendees. We do endeavor to maintain a harmonious and orderly event. Please attend to your valuables and observe the basic rules outlined in Conference Etiquette and Venue Rules (following), posted in venue and stated at conference orientation.*

## PARKING and Transportation

PARKING FOR SATURDAY and SUNDAY at MULTNOMAH FRIEND'S MEETING HOUSE: **Saturday:** We are awaiting approval for use of the Mazamas Bldg. parking lot for Saturday (OK for Sunday, below). Watch for FaceBook postings or check for *posted sign at lot and venue*. Bike racks out front. TriMet buses also stop close by. **Sunday:** Use the Mazamas Bldg. free pre-paid parking lot around the corner from our venue. Lot Location: 43rd at Washington (one block south of Stark). If full, please fan out courteously through the neighborhood. Please check for any last minute emails for parking lot change.

## CONFERENCE ETIQUETTE, VENUE RULES, COMPUTER USE, ETC.

**FOOD:** No food or drink is permitted upstairs. (Venue offers a huge kitchen area downstairs for our eating pleasure.)



### COMPUTER USE

First three rows are a computer-free zone reserved for non computer users. If your neighbor or a speaker is annoyed by electronic sounds or energies, please either turn the equipment off or move to the far back. We prefer a pleasant “Old School” scholastic ambiance.

**CELL PHONES:** During talks, our lecture hall is “Cell Phone Free” space. When speakers are on stage, please turn phones off and *put them away*. Ample breaks will be provided between each talk to check phones. If you need to make or receive calls, text or browse during talks, please go downstairs. This protocol supports a vibrationally calmer environment for everyone and demonstrates respect for our teachers and the knowledge they impart.

### RECORDING AND PHOTOGRAPHING SPEAKERS

*Please do not photograph the speakers without their individual permission!*

Please do not record the speakers unless you are contracted to do so.

**ANIMALS:** We adore animals, and work hard for their welfare. However, per our responsibility to the venue, only humans are permitted inside the rugged venue premises during the conference. Please leave your animal friend at home.

**BABIES:** In respect of the preferences of all attendees, this is a baby and child free event.

**NO SMOKING IN VENUE:** Enjoy the garden. However, in respect of our generous hosts and their church, please no smoking anything in or around the premises. The venue is embedded in the neighborhood. Please respect the peace of the venue neighborhood residents.

**CONTACT INFO:** [stelliumpress@aol.com](mailto:stelliumpress@aol.com) (see ‘urgent messages’, below)

**URGENT MESSAGES IN WEEK PRIOR TO CONFERENCE OPENING SHOULD BE LEFT BY PHONE AT 503-234-6633 (to make sure we get them!)**

**RESTAURANTS and FOOD CARTS:** See your conference brochure.

**Speaker Changes:** *Should one of our four speakers be prevented from arriving, Another excellent speaker will provide a similar topic talk. We are not expecting this.*

## REFUND POLICY

**REFUNDS:** Full refund (minus Paypal surcharges both ways) will be made if your request is made **before August 7th** (one full week in advance of conference opening.) *No refund is available after August 7th if we are sold out and have turned away persons who would have taken your seat.* However, if we have not sold out at the time you cancel, a three quarters refund (minus surcharges) will be available. Chances are good that we will sell out, so be sure to request a refund as early as possible and also check Facebook for persons seeking tickets after sell out.

**TICKET SEEKERS:** Last year after sell-out, last minute cancellers were quickly able to sell their tickets to new attendees on Facebook. **Please check Facebook for posting of tickets-for-sale, and news of sell-out.**

